



## Discheads Mailing List Rules

1. This is the PUA mailing list. Therefore all posts must be about playing Ultimate in the Philippines and Asia or stuff related to the sport of Ultimate. AS MUCH AS POSSIBLE, please keep ALL posts about Ultimate-related stuff. SOME exceptions will be tolerated, such as: personal invites, or personal ads to parties, garage or moving out sales, job assistance and the like from members of discheads themselves. Such non-disc posts must be identified at the beginning of their subject line with the words “NON-DISC POST” or NDP followed by what the post is about.

Furthermore, frequency of such postings should be MINIMIZED as much as possible.

2. All kinds of forwarded spam mail will NOT be tolerated. Senders of spam mail will be given only one (1) warning before being banned from the list. Spam mails include all kinds of chain mails that demand forwarding the email to X number of people within X number of minutes/days...(we all know what I'm talking about here).
3. When replying to an email, please refrain from quoting or posting the ENTIRE previous posting that you are replying to. Select only the lines or paragraphs that you wish to give an answer to.
4. When sending a forwarded email, please delete all previous addressees from the body of the email.
5. Discussions and arguments abound in discheads and they do get heated. However, outright profanities and other offensive language (such as cussing and cursing) expressed in anger to attack others are absolutely not allowed. Senders of such emails will be banned from the list.